

SHOWCASE 2026 EVENT STANDARDS

We are requiring coaches to use **ONLY VERIFIABLE** performances from MileSplit for entries from this year or the Outdoor 2025 track and field season. Any performance that cannot be VERIFIED on MILESPLIT **WILL BE REJECTED!!!** If the entered performance does not appear on MileSplit it is YOUR responsibility to provide the meet results verifying the performance (email to spowell@spireacademy.com). The standards listed below are Guidelines. We will take athletes that meet this standard and fill our fields from the performance list. Please remember the Spire Scholastic Showcase is a LIMITED ENTRY meet and that only 24-48-60 entries per event will be selected to compete. **Meeting the qualifying mark does not guarantee entry into the meet. Accepted entries will be posted by 2/2/25 on Milesplit and Lightning Timing.**

EVENTS:	GIRLS	BOYS
<u>60m Hurdles</u> (60)	9.29	9.00
<u>60m</u> (60)	8.00	7.25
<u>200</u> (56)	25.90	22.00
<u>400</u> (56)	1:01.50 (61.50)	51.30
<u>800</u> (60)	2:25.00	2:00.00
<u>1600</u> (45)	5:25.00	4:30.00
<u>3200</u> (20-24)	12:00.00	9:45.00
<u>4 x 200m Relay</u>		Top 24 Teams
<u>4 x 400m Relay</u>		Top 16 Teams
<u>4 x 800m Relay</u>		Top 12 Teams
<u>Long Jump</u> (24)	15'6"	19'0"
<u>Triple Jump</u> (24)	31'0"	36'0"
<u>High Jump</u> (20)	4'8"	5'6"
<u>Pole Vault</u> (20)	9'0	11'6"
<u>Shot Put</u> (30)	30'0"	45'0"
<u>Weight Throw</u> (30)	33'6"	42'0"SPIRE