



**TORONTO REGION
TRAINING LOCATION & PROGRAM SCHEDULE**

TRACK & FIELD TEAM - ELEMENTARY GROUP

May 1 to August 31

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
Tuesday & Thursday @ 6:30 – 8 pm

Riverdale Park East
550 Broadview Avenue, Toronto (Downtown East)
Monday & Wednesday @ 6 – 7:30 pm

Birchmount Park
93 Birchmount Road, Scarborough
Monday & Wednesday @ 4:30 - 6:00 pm

Father Henry Carr CSS
1760 Martin Grove Rd, Etobicoke
Tuesday & Thursday @ 6 - 7:30 pm

Central Tech Stadium
725 Bathurst St, Toronto (Downtown West)
Monday & Wednesday @ 6 – 7:30 pm

September 1 - October 31

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
Tuesday & Thursday @ 6:30 – 8 pm

Riverdale Park East
550 Broadview Avenue, Toronto (Downtown East)
Monday & Wednesday @ 6 – 7:30 pm

Birchmount Park
93 Birchmount Road, Scarborough
Monday & Wednesday @ 4:30 - 6:00 pm

Smithfield Park
173 Mt. Olive Dr, Etobicoke
Tuesday & Thursday @ 6 - 7:30 pm

Central Tech Stadium
725 Bathurst St, Toronto (Downtown West)
Monday & Wednesday @ 6 – 7:30 pm

November 1 to April 30

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
Tuesday & Thursday @ 6:30 – 8 pm

Monarch Park Stadium
1 Parkmount Road, Toronto (Downtown East)
Monday & Wednesday @ 6:30 – 8 pm

SPECIALTY EVENT GROUPS

Training for the specialty events below takes place at the North York location

Hurdles	Tuesday and Thursday	6:00 - 8:00 pm
Long Jump/Triple Jump	Monday and Wednesday	6:00 - 8:00 pm
High Jump	Monday and Wednesday	6:30 - 8:00 pm
Throws	Tuesday and Thursday	6:00 - 7:30 pm

Training for the specialty events below takes place at the Downtown East location

Hurdles	Monday and Wednesday	6:30 - 8:00 pm
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FACILITY FEES:

- Father Henry Carr Track annual outdoor fee \$50
- Monarch Park Stadium annual indoor fee \$220
- Toronto Track & Field Centre's monthly fee (YOUTH 6-17 years old) \$21.50
- Toronto Track & Field Centre's monthly fee (ADULTS 18-59 years old) \$26.75

TRACK & FIELD TEAM - HIGH SCHOOL GROUP

May 1 to August 31

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
Monday, Tuesday & Thursday @ 6:00 – 8 pm

Monarch Park Stadium
1 Parkmount Road, Toronto (Downtown East)
Tuesday & Thursday @ 6 – 7:30 pm

Birchmount Park
93 Birchmount Road, Scarborough
Monday, Wednesday & Thursday @ 4:30 - 6:00 pm

Father Henry Carr CSS
1760 Martin Grove Rd, Etobicoke
Tuesday & Thursday @ 6 - 7:30 pm

Central Tech Stadium
725 Bathurst St, Toronto (Downtown West)
Monday & Wednesday @ 6 – 7:30 pm

September 1 to October 31

Toronto Track & Field Centre at York University
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Monday, Tuesday & Thursday @ 6:00 – 8 pm

Riverdale Park East
550 Broadview Avenue, Toronto (Downtown East)
Tuesday & Thursday @ 6 – 7:30 pm

Birchmount Park
93 Birchmount Road, Scarborough
Monday, Wednesday & Thursday @ 4:30 - 6:00 pm

Smithfield Park
173 Mt. Olive Dr, Etobicoke
Tuesday & Thursday @ 6 - 7:30 pm

Central Tech Stadium
725 Bathurst St, Toronto (Downtown West)
Monday & Wednesday @ 6 – 7:30 pm

November 1 to April 30

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
Monday, Tuesday & Thursday @ 6:00 – 8 pm

Monarch Park Stadium
1 Parkmount Road, Toronto (Downtown East)
Monday & Wednesday @ 6:30 – 8 pm

SPECIALTY EVENT GROUPS

Training for the specialty events below takes place at the Toronto Track & Field Centre location

Hurdles	Tuesday and Thursday	6:00 - 8:00 pm
Long Jump/Triple Jump	Monday and Wednesday	6:00 - 8:00 pm
High Jump	Monday and Wednesday	6:30 - 8:00 pm
Throws	Tuesday and Thursday	6:00 - 7:30 pm

Training for the specialty events below takes place at the Monarch Park location

Hurdles	Tuesday and Thursday	6:00 - 8:00 pm
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FACILITY FEES:

- Father Henry Carr Track annual outdoor fee \$50
- Monarch Park Stadium annual indoor fee \$220
- Toronto Track & Field Centre's monthly fee (YOUTH 6-17 years old) \$21.50
- Toronto Track & Field Centre's monthly fee (ADULTS 18-59 years old) \$26.75