

# FLYING ANGELS INTERNATIONAL CHAMPIONSHIPS

## TENTATIVE SCHEDULE

(Revised 7/03/2023)

Track	2023 Flying Angels International Championships Schedule Friday, July 7, 2023		
Time	Event	Round	Age Group
6:30	3,000m	Final	U15 Girls, U16 Girls, U18 Girls / U20 Girls / Open Women
6:50	3,000m	Final	U15 Boys, U16 Boys, U18 Boys / U20 Boys / Open Men
7:10	400m Hurdles	Timed Final	U18 Girls / U20 Girls / Open Women
7:25	400m Hurdles	Timed Final	U18 Boys / U20 Boys / Open Men

Field	2023 Flying Angels International Championships Schedule Friday, July 7, 2023				
Field	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws 1	Throws 2
4:00					U18 / U20 / Open Boys & Girls Hammer Throw
4:15					
4:30					
4:45					
5:00					
5:15					
5:30					
5:45					
6:00		U20 & Open Girls Triple Jump		Open Men Shot Put	U20 & Open Boys Javelin
6:15	U20 & Open Girls High Jump				
6:30					
6:45					
7:00			U20 & Open Girls Shot Put	U20 & Open Girls Javelin	
7:15	U20 & Open Boys High Jump				
7:30					
7:45		U20 & Open Boys Triple Jump			
8:00					
8:15					
8:30					
8:45					

# FLYING ANGELS INTERNATIONAL CHAMPIONSHIPS

## **TENTATIVE SCHEDULE**

(Revised 7/03/2023)

Track	2023 Flying Angels International Championships Schedule Saturday, July 8, 2023		
Time	Event	Round	Age Group
9:00	1200m	Timed Finals	U11 Girls
9:10	1200m	Timed Finals	U11 Boys
9:20	400m	Timed Finals	U9 Girls / U9 Boys
9:23	400m	Timed Finals	U11 Girls / U11 Boys
9:35	400m	Timed Finals	U13 Girls / U13 Boys
9:45	400m	Timed Finals	U15 Girls / U15 Boys
9:55	400m	Timed Finals	U16 Girls / U16 Boys
10:05	400m	Timed Finals	U18 Girls / U18 Boys
10:20	400m	Timed Finals	U20 Women & Open Women
10:25	400m	Timed Finals	U20 Men & Open Men
10:45	100m Hurdles	Heats or Finals	U18 Girls / U20 Women & Open Women
10:55	110m Hurdles	Heats or Finals	U18 Boys / U20 Men / Open Men
11:15	1500m	Timed Finals	U13 Girls
11:25	1500m	Timed Finals	U13 Boys
11:35	1500m	Timed Finals	U15 Girls
11:45	1500m	Timed Finals	U15 Boys
12:15	<b>OPENING CEREMONIES</b>		
12:30	100m Hurdles	Finals (if necessary)	U18 Girls / U20 Women & Open Women
12:40	110m Hurdles	Finals (if necessary)	U18 Boys / U20 Men & Open Men
12:45	100m	Prelims	U9 Girls / U9 Boys
1:00	100m	Prelims	U11 Girls / U11 Boys
1:15	100m	Prelims	U13 Girls / U13 Boys
1:30	100m	Prelims	U15 Girls / U15 Boys
1:45	100m	Prelims	U16 Girls / U16 Boys
2:00	100m	Prelims	U18 Girls / U18 Boys
2:15	100m	Prelims	U20 Women & Open Women
2:30	100m	Prelims	U20 Men & Open Men
2:45	1500m	Timed Finals	U16 Girls / U18 Girls / U20 Women / Open Women
3:05	100m	Finals	Parents & Coaches Women / Men
3:10	100m	Finals	U9 Girls / U9 Boys
3:15	100m	Finals	U11 Girls / U11 Boys
3:20	100m	Finals	U13 Girls / U13 Boys
3:25	100m	Finals	U15 Girls / U15 Boys
3:30	100m	Finals	U16 Girls / U16 Boys
3:35	100m	Finals	U18 Girls / U18 Boys
3:40	100m	Finals	U20 Women & Open Women
3:45	100m	Finals	U20 Men & Open Men
3:50	1500m	Timed Finals	U16 Boys / U18 Boys / U20 Men / Open Men
4:10	4x100 Relay	Timed Finals	U9, U11, U13, U15, U16, U18, U20, Open
4:20	4x100 Relay	Timed Finals	U9, U11, U13, U15, U16, U18, U20, Open

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Time	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws 1	Throws 2
9:00	U11 & U13 Girls High Jump	U20 & Open Boys Long Jump	U15 Boys Long Jump	U9 Girls & Boys Shot Put	U16 / U18 Girls Discus
9:15					
9:30					
9:45					
10:00	U15 / U16 / U18 Girls High Jump	U16 & U18 Boys Long Jump	U13 Boys Long Jump	U15 & U16 Boys Shot Put	U20 / Open Women Discus
10:15					
10:30					
10:45					
11:00	U15 / U16 / U18 Boys High Jump	U20 & Open Girls Long Jump	U11 Boys Long Jump	U18 / U20 Boys Shot Put	Open Men Discus
11:15					
11:30					
11:45					
12:00					
12:15					
12:30					
12:45					
1:00	U11 & U13 Boys High Jump	U16 & U18 Girls Long Jump	U11 Girls Long Jump	U15 Girls Shot Put	U15 / U16 / U18 Girls Javelin
1:15					
1:30					
1:45					
2:00					
2:15					
2:30					
2:45					
3:00		U15 Girls Long Jump	U13 Girls Long Jump		U15 / U16 / U18 Boys Javelin
3:15					
3:30					
3:45					
4:00				U11 Girls Shot Put	
4:15					

# FLYING ANGELS INTERNATIONAL CHAMPIONSHIPS

## TENTATIVE SCHEDULE

(Revised 7/03/2023)

Track	2023 Flying Angels International Championships Schedule Sunday, July 9, 2023			
Time	Event	Round		Age Group
9:00	800m	Timed Finals		U9 Girls
9:10	800m	Timed Finals		U11 Girls
9:20	800m	Timed Finals		U13 Girls
9:30	800m	Timed Finals		U15 Girls
9:40	800m	Timed Finals		U16 Girls
9:50	800m	Timed Finals		U18 Girls
10:00	800m	Timed Finals		U20 Women & Open Women
10:15	200m	Prelims		U9 Girls / U9 Boys (Mite)
10:30	200m	Prelims		U11 Girls / U11 Boys
10:45	200m	Prelims		U13 Girls / U13 Boys
11:00	200m	Prelims		U15 Girls / U15 Boys
11:15	200m	Prelims		U16 Girls / U16 Boys
11:30	200m	Prelims		U18 Girls / U18 Boys
11:45	200m	Prelims		U20 Women & Open Women
12:00	200m	Prelims		U20 Men & Open Men
1:00	800m	Timed Finals		U9 Boys (Mite)
1:10	800m	Timed Finals		U11 Boys
1:20	800m	Timed Finals		U13 Boys
1:30	800m	Timed Finals		U15 Boys
1:40	800m	Timed Finals		U16 Boys
1:50	800m	Timed Finals		U18 Boys
2:00	800m	Timed Finals		U20 Men & Open Men
2:10	200m	Finals		U9 Girls / U9 Boys (Mite)
2:15	200m	Finals		U11 Girls / U11 Boys
2:20	200m	Finals		U13 Girls / U13 Boys
2:25	200m	Finals		U15 Girls / U15 Boys
2:30	200m	Finals		U16 Girls / U16 Boys
2:35	200m	Finals		U18 Girls / U18 Boys
2:40	200m	Finals		U20 Women & Open Women
2:45	200m	Finals		U20 Men & Open Men
3:00	4x100 Relay	Finals		Parents & Coaches Mixed
3:10	Sprint Medley Relay	Finals		All Girls Teams
3:30	Sprint Medley Relay	Finals		All Boys Teams
4:00	Team Awards Ceremony			

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Time	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws 1	Throws 2	
9:00		U16 & U18 Boys Triple Jump		U11 Boys Shot Put		
9:15						
9:30						
9:45						
10:00	U16 / U18 / U20 / Open Girls & Boys Pole Vault			U13 Boys Shot Put		
10:15						
10:30		U16 & U18 Girls Triple Jump				
10:45						
11:00				U16 & U18 Girls Shot Put		
11:15						
11:30						
11:45						
12:00		U13 & U15 Boys Triple Jump				
12:15						
12:30					U15 Girls Discus Throw	
12:45						
1:00						
1:15						
1:30		U13 & U15 Girls Triple Jump			U18 & U20 Boys Discus Throw	
1:45						
2:00						
2:15						
2:30					U15 & U16 Boys Discus Throw	
2:45						
3:00		U9 Girls & Boys Long Jump				
3:15						
3:30						
3:45						
4:00						
4:15						