



FLYING ANGELS TRACK & FIELD TEAM PROGRAM INFORMATION PAGE

The Flying Angels Track & Field Team offers a superb platform for athletes to hone and showcase their skills in competitions. The team members typically have two to three training days per week and participate in track meets across Ontario, the USA, and the Caribbean.

Our team members participate in a variety of events, ranging from indoor meets in the winter to outdoor meets in the spring and summer, including cross-country meets in the fall, to challenge themselves to new heights. The Flying Angels Track and Field Team program offers a unique opportunity for athletes to flourish and accomplish their aspirations.

Training Groups

The Elementary Development group caters to athletes aged between five and 14 years, while the High School Development category is intended for participants between the ages of 15 and 19. The Open Recreational category is reserved for individuals between 20 and 29 years of age, whereas the Masters Recreational training group is specifically designed for athletes aged 30 years and above.

Training Sessions

The program operates year-round, and athletes do not need to commit to the entire year to join the team.

During training sessions at each location, athletes are taught the skills involved in sprints or distance running. Additionally, selected locations offer training in hurdles, throws, and jumps.

Training Locations

Flying Angels has training locations in Toronto, Durham, Peel, Halton, and York Region. To view the training location addresses and schedules, click on the "Locations" tab on the website.

Uniform

As a program member, it is mandatory to purchase the uniform kit which will be worn during practice and competitions. However, if you only train with the team and don't participate in track meets, you may purchase the training-only uniform.

The team uniform kit includes a sweat top, sweat pants, performance warm-up top, t-shirt, competition tracksuit, and competition speed suit (or competition singlet and competition shorts). **The price of the uniform kit is \$325.**

Volunteer Duties

Team members must have a family member or supporter volunteer at two track meets unless they opt out by purchasing the volunteer opt-out option during registration.

Program Price

1-month membership	\$150
3 months membership	\$300
6 months membership	\$600
12 months membership	\$1100

Financial Aid

At Flying Angels, we strongly believe that all children should have the opportunity to participate in sports, regardless of their family's financial situation. Therefore, we offer financial aid to athletes who qualify for it. To learn more about the available financial aid options, including payment plans, subsidies, discounts, and athlete sponsorships, please contact our team managers.

Facility Fee

Athletes must pay a facility fee to use the facilities utilized by Flying Angels for training sessions. Refer to the "Locations" page for pricing details.

How to register

Our club is open to athletes at any time. To become a member, athletes must complete the online registration form on our website and make the payment through a credit card or E-Transfer to **track@flyingangels.ca**.

Please note that registration and payment must be completed before attending the first training session. We recommend that athletes purchase a one-month or three-month membership if they wish to try out the program before committing to a longer membership.

Team Handbook

Read the Flying Angels Team Handbook to learn about the team's policies and procedures before you register for the team.

QUESTIONS & CONTACT INFORMATION

Email: track@flyingangels.ca

Phone: (647) 710-7426