



**DURHAM REGION  
TRAINING LOCATION & PROGRAM SCHEDULE**

**TRACK & FIELD TEAM - ELEMENTARY GROUP**

**May 1 to October 31**

Father Leo J. Austin C.S.S.  
1020 Dryden Blvd, Whitby  
Tuesday & Thursday @ 6:00 – 7:30 pm

**November 1 - April 30**

Oshawa Civic Recreation Complex  
99 Thornton Rd South  
Tuesday & Thursday @ 6:30 – 8:00 pm

**SPECIALTY EVENT GROUPS**

**Training for the specialty events below takes place at the North York location**

Hurdles	Tuesday and Thursday	6:00 - 8:00 pm
Long Jump/Triple Jump	Monday and Wednesday	6:00 - 8:00 pm
High Jump	Tuesday and Thursday	6:30 - 8:00 pm
Throws	Tuesday and Thursday	6:00 - 7:30 pm

**FACILITY FEES**

- Father Leo Austin annual fee \$75
- Oshawa Civic Recreation Complex \$175
- Toronto Track & Field Centre's monthly fee (YOUTH 6-17 years old) \$21.50
- Toronto Track & Field Centre's monthly fee (ADULTS 18-59 years old) \$26.75

**\* Athletes may register and start the program at anytime**

## **TRACK & FIELD TEAM - HIGH SCHOOL GROUP**

### **May 1 to October 31**

Father Leo J. Austin C.S.S.

1020 Dryden Blvd, Whitby

Tuesday & Thursday @ 6:00 - 7:30 pm; Saturday @ 10:30 - 12:00 pm

### **November 1 - April 30**

Oshawa Civic Recreation Complex

99 Thornton Rd South, Oshawa

Tuesday & Thursday @ 6:30 – 8:00 pm; Saturday @ 10:30 - 12:00 pm

## **SPECIALTY EVENT GROUPS**

**Training for the specialty events below takes place at the North York location**

Hurdles	Tuesday and Thursday	6:00 - 8:00 pm
Long Jump/Triple Jump	Monday and Wednesday	6:00 - 8:00 pm
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