



**YORK REGION  
TRAINING LOCATION & PROGRAM SCHEDULE**

**TRACK & FIELD TEAM - ELEMENTARY GROUP**

**May 1 to August 31**

Bill Crothers S.S.  
44 Main St, Markham  
Monday & Wednesday @ 6:30 - 8:00 pm

**September 1 - October 31**

Milliken Mills Park  
4277 14th Avenue, Markham  
Monday & Wednesday @ 6:30-8 pm

**November 1 - April 30**

During the winter, there are no indoor training facilities available in York Region. As a result, the York Region athletes train in North York from November 1 to April 30. The training location is:

Toronto Track & Field Centre (York U)  
231 Ian MacDonald Blvd, North York  
Monday & Wednesday @ 6:30 – 8:00 pm

**SPECIALTY EVENT GROUPS**

**Training for the specialty events below takes place at the North York location**

Hurdles	Tuesday and Thursday	6:00 - 8:00 pm
Long Jump/Triple Jump	Monday and Wednesday	6:00 - 8:00 pm
High Jump	Tuesday and Thursday	6:30 - 8:00 pm
Throws	Tuesday and Thursday	6:00 - 7:30 pm

**FACILITY FEES:**

- Toronto Track & Field Centre's monthly fee (YOUTH 6-17 years old) \$21.50
- Toronto Track & Field Centre's monthly fee (ADULTS 18-59 years old) \$26.75

**\* Athletes may register and start the program at anytime**

## **TRACK & FIELD TEAM - HIGH SCHOOL GROUP**

### **May 1 to August 31**

Bill Crothers S.S.  
44 Main St, Markham  
Monday, Wednesday & Friday @ 6:30 - 8:00 pm

### **September 1 - October 31**

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4277 14th Avenue, Markham  
Monday, Wednesday & Friday @ 6:30–8 pm

### **November 1 - April 30**

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