



**TORONTO REGION  
TRAINING LOCATION & PROGRAM SCHEDULE**

**TRACK & FIELD TEAM - ELEMENTARY GROUP**

**May 1 to August 31**

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
Tuesday & Thursday @ 6:30 – 8 pm

Riverdale Park East  
550 Broadview Avenue, Toronto (Downtown East)  
Monday & Wednesday @ 6 – 7:30 pm

Birchmount Park  
93 Birchmount Road, Scarborough  
Monday & Wednesday @ 4:30 - 6:00 pm

Father Henry Carr CSS  
1760 Martin Grove Rd, Etobicoke  
Tuesday & Thursday @ 6 - 7:30 pm

Central Tech Stadium  
725 Bathurst St, Toronto (Downtown West)  
Monday & Wednesday @ 6 – 7:30 pm

**September 1 - October 31**

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
Tuesday & Thursday @ 6:30 – 8 pm

Riverdale Park East  
550 Broadview Avenue, Toronto (Downtown East)  
Monday & Wednesday @ 6 – 7:30 pm

Birchmount Park  
93 Birchmount Road, Scarborough  
Monday & Wednesday @ 4:30 - 6:00 pm

Smithfield Park  
173 Mt. Olive Dr, Etobicoke  
Tuesday & Thursday @ 6 - 7:30 pm

Central Tech Stadium  
725 Bathurst St, Toronto (Downtown West)  
Monday & Wednesday @ 6 – 7:30 pm

**November 1 to April 30**

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
Tuesday & Thursday @ 6:30 – 8 pm

Monarch Park Stadium  
1 Parkmount Road, Toronto (Downtown East)  
Monday & Wednesday @ 6 – 7:30 pm

**SPECIALTY EVENT GROUPS**

**Training for the specialty events below takes place at the North York location**

|                       |                      |                |
|-----------------------|----------------------|----------------|
| Hurdles               | Tuesday and Thursday | 6:00 - 8:00 pm |
| Long Jump/Triple Jump | Monday and Wednesday | 6:00 - 8:00 pm |
| High Jump             | Tuesday and Thursday | 6:30 - 8:00 pm |
| Throws                | Tuesday and Thursday | 6:00 - 7:30 pm |

**Training for the specialty events below takes place at the Downtown East location**

|         |                      |                |
|---------|----------------------|----------------|
| Hurdles | Tuesday and Thursday | 6:00 - 8:00 pm |
|---------|----------------------|----------------|

**FACILITY FEES:**

- Father Henry Carr Track annual outdoor fee \$50
- Monarch Park Stadium annual indoor fee \$220
- Toronto Track & Field Centre's monthly fee (YOUTH 6-17 years old) \$21.50
- Toronto Track & Field Centre's monthly fee (ADULTS 18-59 years old) \$26.75

## **TRACK & FIELD TEAM - HIGH SCHOOL GROUP**

### **May 1 to August 31**

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
Tuesday & Thursday @ 6:30 – 8 pm

Monarch Park Stadium  
1 Parkmount Road, Toronto (Downtown East)  
Tuesday & Thursday @ 6 – 7:30 pm

Birchmount Park  
93 Birchmount Road, Scarborough  
Monday, Wednesday & Thursday @ 4:30 - 6:00 pm

Father Henry Carr CSS  
1760 Martin Grove Rd, Etobicoke  
Tuesday & Thursday @ 6 - 7:30 pm

Central Tech Stadium  
725 Bathurst St, Toronto (Downtown West)  
Monday & Wednesday @ 6 – 7:30 pm

### **September 1 to October 31**

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
Tuesday & Thursday @ 6:30 – 8 pm

Riverdale Park East  
550 Broadview Avenue, Toronto (Downtown East)  
Tuesday & Thursday @ 6 – 7:30 pm

Birchmount Park  
93 Birchmount Road, Scarborough  
Monday, Wednesday & Thursday @ 4:30 - 6:00 pm

Smithfield Park  
173 Mt. Olive Dr, Etobicoke  
Tuesday & Thursday @ 6 - 7:30 pm

Central Tech Stadium  
725 Bathurst St, Toronto (Downtown West)  
Monday & Wednesday @ 6 – 7:30 pm

### **November 1 to April 30**

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
Tuesday & Thursday @ 6:30 – 8 pm

Monarch Park Stadium  
1 Parkmount Road, Toronto (Downtown East)  
Monday, Wednesday & Thursday @ 6 – 8:00 pm

### **SPECIALTY EVENT GROUPS**

**Training for the specialty events below takes place at the Toronto Track & Field Centre location**

|                       |                      |                |
|-----------------------|----------------------|----------------|
| Hurdles               | Tuesday and Thursday | 6:00 - 8:00 pm |
| Long Jump/Triple Jump | Monday and Wednesday | 6:00 - 8:00 pm |
| High Jump             | Tuesday and Thursday | 6:30 - 8:00 pm |
| Throws                | Tuesday and Thursday | 6:00 - 7:30 pm |

**Training for the specialty events below takes place at the Monarch Park location**

|         |                      |                |
|---------|----------------------|----------------|
| Hurdles | Tuesday and Thursday | 6:00 - 8:00 pm |
|---------|----------------------|----------------|

### **FACILITY FEES:**

- Father Henry Carr Track annual outdoor fee \$50
- Monarch Park Stadium annual indoor fee \$220
- Toronto Track & Field Centre's monthly fee (YOUTH 6-17 years old) \$21.50
- Toronto Track & Field Centre's monthly fee (ADULTS 18-59 years old) \$26.75