

## EVENTS TENTATIVE SCHEDULE

**SATURDAY APRIL 11, 2026 – Day 1**

*(Rolling Schedule: Each event will start after the previous event)*

<b>Morning Track Session</b>				
9:30 am	1200 m	Timed Final	Tyke	Girls
9:40 am	1200 m	Timed Final	Tyke	Boys
9:50 am	1500 m	Timed Final	Atom / Senior / Intermediate / Youth	Girls
10:20 am	1500 m	Timed Final	Atom / Senior / Intermediate / Youth	Boys
11:00 am	60 m	Timed Final	Peewee	Girls
11:05 am	60 m	Timed Final	Peewee	Boys
11:10 am	60 m	Heats	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
11:50 am	60 m	Heats	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
<b>LUNCH BREAK (Approx 12:30-1:30 pm)</b>				
<b>Afternoon Track Session</b>				
1:30 pm	400 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
2:15 pm	400 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
3:00 pm	60 m	Finals	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
3:20 pm	60 m	Finals	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
3:45 pm	800 m Racewalk	Timed Final	Atom / Senior / Intermediate / Youth	All Girls and Boys COMBINED
4:00 pm	Sprint Medley Relay	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
4:30 pm	Sprint Medley Relay	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys

<b>Field Events</b>				
Time	High Jump	Horizontal Jumps Pit 1	Horizontal Jumps Pit 2	Shot Put
9:00 am	Warm-ups open	Warm-ups open	Warm-ups open	Warm-ups open
9:30 am	All BOYS	Peewee Boys Long Jump	Peewee Girls Long Jump	Mite Girls
10:00 am				
10:30 am		Mite Boys Long Jump	Mite Girls Long Jump	Tyke Girls
11:00 am				
11:30 am				Intermediate Girls Youth Girls
12:00 pm		Tyke Boys Long Jump	Tyke Girls Long Jump	
12:30 pm				Senior Girls
1:00 pm				
1:30 pm	All GIRLS	Atom Boys Long Jump		Atom Girls
2:00 pm				Intermediate and Youth Boys
2:30 pm				Senior Boys
3:00 pm		Senior Boys Long Jump	Intermediate Boys Youth Boys Long Jump	
3:30 pm				Mite Boys Tyke Boys
4:00 pm				Atom Boys

## EVENTS TENTATIVE SCHEDULE

Sunday APRIL 12, 2026 - Day 2

*(Rolling Schedule: Each event will start after the previous event)*

<b>Morning Track Session</b>				
9:15 am	2000 m	Timed Final	Senior	Girls
9:30 am	2000 m	Timed Final	Senior	Boys
9:45 am	3000 m	Timed Final	Intermediate / Youth	Girls
10:00 am	3000 m	Timed Final	Intermediate / Youth	Boys
10:20 am	200 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
11:00 am	200 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
11:45 am	60 m Hurdles	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls Then Boys in Each Category (ie. Mite Girls, Mite Boys, Tyke Girls, Tyke Boys)
<b>LUNCH BREAK (Approx 12:30-1:30 pm)</b>				
<b>Afternoon Track Session</b>				
1:30 pm	800 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
2:15 pm	800 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
3:00 pm	4x 200 m Relay	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
3:45 pm	4x 200 m Relay	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys

<b>Time</b>	<b>Horizontal Jumps Pit 1</b>	<b>Horizontal Jumps Pit 2</b>
9:00 am	<b>Warm-ups open</b>	<b>Warm-ups open</b>
9:30 am	Atom Girls Long Jump	Intermediate Girls Youth Girls Long Jump
10:00 am		
10:30 am		
11:00 am	Senior Girls Long Jump	
11:30 am		
12:00 pm		
12:30 pm	Atom Girls Triple Jump	Atom Boys Triple Jump
1:00 pm		
1:30 pm		
2:00 pm	Senior Girls Triple Jump	Senior Boys Triple Jump
2:30 pm		
3:00 pm		
3:30 pm	Intermediate Girls Youth Girls Triple Jump	Intermediate Boys Youth Boys Triple Jump
4:00 pm		

**Note:** Schedule is tentative / approximate / estimated based on expected number of entries and length of time required to run the event. An updated and final schedule WILL be communicated prior to the meet based on the actual entries and heats/flights required and may, in some cases, change significantly. Every effort will be made to keep events on the same days as indicated here. If there is need to change anything then we will provide as much notice as possible.