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## 2020-2021 COMPETITIVE TEAM PROGRAM

The Flying Angels **Competitive Team** program prepares athletes to compete at high-level local, national, and international track meets. Athletes in this program have an option to travel to track meets throughout Canada, the United States, and/or the Caribbean.

### Training Sessions

Competitive team members participate in group training sessions 2-3 days per week. Athletes receive training in sprints, hurdles, distance, jumps, and/or throws at most of the locations.

### Competitions & Travel Meets

Participants compete in local, national, and international track meets. Athletes who attain the club's established performance standards also compete at the Provincial and National Championships. Participants travel to competitions throughout Canada, the United States, and the Caribbean. Athletes travel with the team or with their parents and stay at the team hotel for each trip. There is an additional cost for the trips and it is optional for each athlete to attend.

### Uniform

Participants must purchase the Competitive Team uniform kit. The kit contains a racing speedsuit (or racing jersey and racing shorts), tracksuit, sweat top, sweat pants, performance warm up top, and t-shirt. ***The kit price is \$325***

Athletes are required to wear their uniform to practices and track meets. The training uniform items include the t-shirt (or performance warm up), sweat top and sweat pants. The items that must be worn to competitions include the tracksuit, performance top, and speedsuit (or racing jersey/racing shorts).

### Fundraising Requirement & Registration Discount

Participants who successfully participate in the club's raffle fundraiser receive a \$100 discount off the registration fee. Participants must sell a book of 10 raffle tickets to successfully complete the fundraiser. Bring a fundraising deposit cheque, post-dated for whichever date comes first after the member's registration date (November 30, February 28, May 31, or August 31) and give it to the team manager at the first practice. The cheque is returned at the end of the season if the athlete completes their fundraising duty by the date on the cheque. The raffle draws take place on the dates above. Use the promo code: RAFFLE when completing the online registration form to receive the \$100 discount.

### Volunteer Requirements

All Flying Angels members are required to have someone, such as a family member or friend volunteer for them at two Flying Angels track meets/events or serve on a committee. Other duties are available from time to time that the volunteer may perform. The Volunteer Coordinator will email a list a volunteer duties that members can sign up for.

### Program Dates

- Fall & Winter Season                      September 9 to March 28, 2020
- Winter & Spring Season                    December 2 to May 30, 2020
- Spring & Summer Season                April 1 to August 28, 2020
- Summer & Fall Season                    June 1 to November 28, 2020

### **Program Price**

- Fall & Winter // Winter & Spring // Spring & Summer // Summer & Fall seasons \$475
- Full year (12 months) \$850

### **Facility Fees**

Each location has a facility fee that must be paid in addition to the membership fee by each athlete. Review the training location information to see the facility fee for each location.

**[\\*\\*REGISTER HERE\\*\\*](#)**