

2019-2020 TRAINING ONLY LOCATIONS, DAYS & TIMES

BRAMPTON TEAM

FALL SEASON

OUTDOOR SITE

Chinguacousy Park
9050 Bramalea Road
September 8 to October 15, 2020
Tuesday & Thursday @ 6 – 7:30 pm

INDOOR SITE

Mississauga Stadium
560 Courtneypark Drive West, Mississauga
October 20 to November 26, 2020
Tuesday & Thursday @ 6:30 – 8 pm

WINTER SEASON

Mississauga Stadium
560 Courtneypark Drive West, Mississauga
December 1 to February 25, 2021
Tuesday & Thursday @ 6:30 – 8 pm

SPRING SEASON

INDOOR SITE

Mississauga Stadium
560 Courtneypark Drive West, Mississauga
March 2 to April 29, 2021
Tuesday & Thursday @ 6:30 – 8 pm

OUTDOOR SITE

David Suzuki Secondary School
45 Daviselm Drive, Brampton
May 4 to May 27, 2021
Tuesday & Thursday @ 6:30 – 8 pm

SUMMER SEASON

David Suzuki Secondary School
45 Daviselm Drive, Brampton
June 1 to August 26, 2021
Tuesday & Thursday @ 6:30 – 8 pm

Note:

- *There is a \$250 annual fee to use the Mississauga Stadium facility*
- *There is a \$75 annual facility fee to use the track at David Suzuki.*

2020-2021 TRAINING ONLY LOCATIONS, DAYS & TIMES

DURHAM TEAM

FALL SEASON

OUTDOOR SITE

Father Leo J. Austin Catholic Secondary School
1020 Dryden Boulevard, Whitby
September 8 to October 15, 2020
Tuesday & Thursday @ 6 – 7:30 pm

INDOOR SITE

Oshawa Civic Recreation Complex
99 Thornton Road South, Oshawa
October 20 to November 26, 2020
Tuesday & Thursday @ 6:30 – 8 pm

WINTER SEASON

Oshawa Civic Recreation Complex
99 Thornton Road South, Oshawa
December 1 to February 25, 2021
Tuesday & Thursday @ 6:30 – 8 pm

SPRING SEASON

INDOOR SITE

Oshawa Civic Recreation Complex
99 Thornton Road South, Oshawa
March 2 to April 29, 2021
Tuesday & Thursday @ 6:30 – 8 pm

OUTDOOR SITE

Father Leo J. Austin Catholic Secondary School
1020 Dryden Boulevard, Whitby, L1R 2A2
May 4 to May 27, 2021
Tuesday & Thursday @ 6:30 – 8 pm

SUMMER SEASON

Father Leo J. Austin Catholic Secondary School
1020 Dryden Boulevard, Whitby
June 1 to August 26, 2021
Tuesday & Thursday @ 6:30 – 8 pm

Note:

- *There is a \$175 annual facility fee to use the track at Oshawa Civic Complex*
- *There is a \$75 annual facility fee to use the track at Father Leo Austin*

2019-2020 TRAINING ONLY LOCATIONS, DAYS & TIMES

ETOBICOKE TEAM

FALL SEASON

OUTDOOR SITE

Smithfield Park
173 Mt. Olive Drive, Etobicoke
September 8 to October 15, 2020
Tuesday & Thursday @ 6 – 7:30 pm

INDOOR SITE

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
October 20 to November 26, 2020
Tuesday & Thursday @ 6:30 – 8 pm

WINTER SEASON

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
December 1 to February 25, 2021
Tuesday & Thursday @ 6:30 – 8 pm

SPRING SEASON

INDOOR SITE

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
March 2 to April 29, 2021
Tuesday & Thursday @ 6:30 – 8 pm

OUTDOOR SITE

Father Henry Carr CSS
1760 Martin Grove Rd, Etobicoke
May 4 to May 27, 2021
Tuesday & Thursday @ 6:30 – 8 pm

SUMMER SEASON

Father Henry Carr CSS
1760 Martin Grove Rd, Etobicoke
June 1 to August 26, 2021
Tuesday & Thursday 6:30 – 8 pm

Note:

- *There is a \$3.25 daily fee for Elementary athletes to use the Track & Field Centre*
- *There is a \$5.50 for High School athletes to use the Toronto Track & Field Centre*
- *There is a \$75 annual facility fee to use the track at Father Henry Carr*

2019-2020 TRAINING ONLY LOCATIONS, DAYS & TIMES

MARKHAM TEAM

FALL SEASON

OUTDOOR SITE

Milliken Mills Park
4277 14th Avenue, Markham
September 9 to October 14, 2020
Monday, Wednesday & Friday @ 6 – 7:30 pm

INDOOR SITE

Oshawa Civic Recreation Complex
99 Thornton Road South, Oshawa
October 20 to November 26, 2020
Tuesday & Thursday @ 6:30 – 8 pm

WINTER SEASON

Oshawa Civic Recreation Complex
99 Thornton Road South, Oshawa
December 1 to February 25, 2021
Tuesday & Thursday @ 6:30 – 8 pm

Note:

- There is a \$175 annual facility fee to use the track at Oshawa Civic Complex.
- *Distance runners, throwers, and jumpers attend practice on Tuesdays & Thursdays @ 6:30–8 pm at Toronto Track & Field Centre*
- *Hurdlers attend practice on Mondays & Wednesdays @ 6:30-8 pm at Toronto Track & Field Centre*

SPRING SEASON

INDOOR SITE

Oshawa Civic Recreation Complex
99 Thornton Road South, Oshawa
March 2 to April 29, 2021
Tuesday & Thursday @ 6:30 – 8 pm

OUTDOOR SITE

Bill Crothers Secondary School
44 Main Street, Unionville
May 3 to May 26,, 2021
Monday, Wednesday @ 6:30 – 8 pm

SUMMER SEASON

Bill Crothers Secondary School
44 Main Street, Unionville, L3R 2E4
June 2 to August 30, 2021
Monday, Wednesday @ 6:30 – 8 pm

Note:

- There is a \$175 annual facility fee to use the track at Oshawa Civic Complex.
- *Throwers and jumpers attend practice on Tuesdays & Thursdays @ 6:30–8 pm*

2019-2020 TRAINING ONLY LOCATIONS, DAYS & TIMES

MISSISSAUGA TEAM

FALL SEASON

OUTDOOR SITE

St. Marcellinus Catholic Secondary School
730 Courtneypark Drive
September 8 to October 15, 2020
Tuesday & Thursday @ 6:30 – 8 pm

INDOOR SITE

Mississauga Stadium
560 Courtneypark Drive West, Mississauga
October 20 to November 26, 2020
Tuesday & Thursday @ 6:30 – 8 pm

WINTER SEASON

Mississauga Stadium
560 Courtneypark Drive West, Mississauga
December 7 to February 25, 2021
Tuesday & Thursday @ 6:30 – 8 pm

SPRING SEASON

INDOOR SITE

Mississauga Stadium
560 Courtneypark Drive West, Mississauga
March 2 to April 29, 2021
Tuesday & Thursday @ 6:30 – 8 pm

OUTDOOR SITE

St. Marcellinus Catholic Secondary School
730 Courtneypark Drive
May 4 to May 27, 2021
Tuesday & Thursday @ 6:30 – 8 pm

SUMMER SEASON

St. Marcellinus Catholic Secondary School
730 Courtneypark Drive
June 2 to August 27, 2021
Tuesday & Thursday @ 6:30 – 8 pm

Note:

- There is a \$250 annual facility fee to use the track at Mississauga Stadium

2020-2021 TRAINING ONLY LOCATIONS, DAYS & TIMES

NORTH YORK TEAM

FALL SEASON

OUTDOOR SITE

Group #1 – Elementary Group

Earl Bales Park
4169 Bathurst Street, North York
September 8 to October 15, 2020
Tuesday & Thursday @ 6:30 – 8 pm

Group #2 – High School Group

Earl Bales Park
4169 Bathurst Street, North York
September 9 to October 14, 2020
Monday & Wednesday @ 6 – 7:30 pm

INDOOR SITE

Group #1 – Elementary Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
October 20 to November 26, 2020
Tuesday & Thursday @ 6:30 – 8 pm

Group #2 – High School Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard (North York)
October 19 to November 30, 2020
Monday & Wednesday @ 6:30 – 8 pm

WINTER SEASON

Group #1 – Elementary Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
December 1 to February 25, 2021
Tuesday & Thursday @ 6:30 – 8 pm

Group #2 – High School Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
December 2 to February 24, 2020
Monday & Wednesday @ 6:30 – 8 pm

SPRING SEASON

INDOOR SITE

Group #1 – Elementary Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
March 2 to April 29, 2021
Tuesday & Thursday @ 6:30 – 8 pm

Group #2 – High School Group

Toronto Track & Field Centre at York University

231 Ian MacDonald Boulevard, North York
March 1 to April 28, 2021
Monday & Wednesday @ 6:30 – 8 pm

OUTDOOR SITE

Group #1– Elementary Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
May 4 to May 27, 2021
Tuesday & Thursday @ 6:30 – 8 pm

Group #2– High School Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
May 3 to May 26, 2021
Monday & Wednesday @ 6:30 – 8 pm

SUMMER SEASON

Group #1– Elementary Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
June 1 to August 26, 2021
Tuesday & Thursday @ 6:30 – 8 pm

Group #2– High School Group

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
June 2 to August 30, 2021
Monday & Wednesday @ 6:30 – 8 pm

Note:

- *There is a \$3.25 daily fee for Elementary athletes to use the Track & Field Centre*
- *There is a \$5.50 for High School athletes to use the Toronto Track & Field Centre*
- *Throwers and jumpers attend practice on Tuesdays & Thursdays*
- *Hurdlers attend practice on Mondays & Wednesdays*

2020-2021 TRAINING ONLY LOCATIONS, DAYS & TIMES

SCARBOROUGH TEAM

FALL SEASON

OUTDOOR SITE

Birchmount Park
93 Birchmount Road, Scarborough
September 9 to October 28, 2020
Monday & Wednesday @ 6 – 7:30 pm

INDOOR SITE

Monarch Park Stadium
1 Parkmount Road, Toronto
November 2 to November 30, 2020
Monday & Wednesday @ 6:30 – 8 pm

WINTER SEASON

Monarch Park Stadium
1 Parkmount Road, Toronto
December 2 to February 24, 2021
Monday & Wednesday @ 6:30 – 8 pm

SPRING SEASON

INDOOR SITE

Monarch Park Stadium
1 Parkmount Road, Toronto
March 1 to April 28, 2021
Monday & Wednesday @ 6:30 – 8 pm

OUTDOOR SITE

Birchmount Park
93 Birchmount Road, Scarborough
May 3 to May 26, 2021
Monday & Wednesday @ 6 – 7:30 pm

SUMMER SEASON

Birchmount Park
93 Birchmount Road, Scarborough
June 2 to August 30, 2021
Monday & Wednesday @ 6 – 7:30 pm

Note:

- *There is a \$250 annual facility fee to use the Monarch Park Stadium facility*

2020-2021 TRAINING ONLY LOCATIONS, DAYS & TIMES

TORONTO TEAM

FALL SEASON

OUTDOOR SITE

GROUP #1 – TORONTO EAST PRIMARY (AGE 6-10)

Riverdale Park East
550 Broadview Avenue, Toronto
September 9 to October 28, 2020
Monday & Wednesday @ 6 – 7:30 pm

GROUP #2 – TORONTO EAST INTERMEDIATE & HIGH SCHOOL (AGE 11-19)

Riverdale Park East
550 Broadview Avenue, Toronto
September 10 to October 29, 2020
Monday & Thursday @ 6 – 7:30 pm

GROUP #3 – TORONTO WEST

Central Tech Stadium
725 Bathurst Street, Toronto
September 9 to October 28, 2020
Monday & Wednesday @ 6 – 7:30 pm

INDOOR LOCATION

GROUP #1 – TORONTO EAST PRIMARY (AGE 6-10)

Monarch Park Stadium
1 Parkmount Road, Toronto
November 2 to November 30, 2020
Monday & Wednesday @ 6 – 7:30 pm

GROUP #2 – TORONTO EAST INTERMEDIATE & HIGH SCHOOL (AGE 11-19)

Riverdale Park East
550 Broadview Avenue, Toronto
November 2 to November 26, 2020
Monday & Thursday @ 6 – 7:30 pm

GROUP #3 – TORONTO WEST

Central Tech Stadium
725 Bathurst Street, Toronto
November 2 to November 30, 2020
Monday & Wednesday @ 6 – 7:30 pm

WINTER SEASON

GROUP #1 – TORONTO EAST PRIMARY (AGE 6-10)

Monarch Park Stadium
1 Parkmount Road, Toronto
December 2 to February 24, 2021
Monday & Wednesday @ 6:30 – 8 pm

GROUP #2 – TORONTO EAST INTERMEDIATE & HIGH SCHOOL (AGE 11-19)

Monarch Park Stadium
1 Parkmount Road, Toronto
December 3 to February 25, 2021
Monday & Thursday @ 6:30 – 8 pm

GROUP #3 – TORONTO WEST

Monarch Park Stadium
1 Parkmount Road, Toronto
December 2 to February 24, 2021
Monday & Wednesday @ 6:30 – 8 pm

SPRING SEASON

INDOOR LOCATION

GROUP #1 – TORONTO EAST PRIMARY (AGE 6-10)

Monarch Park Stadium
1 Parkmount Road, Toronto
March 1 to April 28, 2021
Monday & Wednesday @ 6:30 – 8 pm

GROUP #2 – TORONTO EAST INTERMEDIATE & HIGH SCHOOL (AGE 11-19)

Monarch Park Stadium
1 Parkmount Road, Toronto
March 1 to April 29, 2021
Monday & Thursday @ 6:30 – 8 pm

GROUP #3 – TORONTO WEST

Monarch Park Stadium
1 Parkmount Road, Toronto
March 1 to April 28, 2021
Monday & Wednesday @ 6:30 – 8 pm

OUTDOOR SITE

GROUP #1 – TORONTO EAST PRIMARY (AGE 6-10)

Monarch Park Stadium
1 Parkmount Road, Toronto
May 3 to May 26, 2021
Monday & Wednesday @ 6:30 – 8 pm

GROUP #2 – TORONTO EAST INTERMEDIATE & HIGH SCHOOL (AGE 11-19)

Monarch Park Stadium
1 Parkmount Road, Toronto
May 3 to May 31, 2021
Monday & Thursday @ 6:30 – 8 pm

GROUP #3 – TORONTO WEST

Central Tech Stadium
725 Bathurst Street, Toronto
May 3 to May 26, 2021
Monday & Wednesday @ 6:30 – 8 pm

SUMMER SEASON

GROUP #1 – TORONTO EAST PRIMARY (AGE 6-10)

Monarch Park Stadium
1 Parkmount Road, Toronto
June 2 to August 30, 2021
Monday & Wednesday @ 6:30 – 8 pm

GROUP #2 – TORONTO EAST INTERMEDIATE & HIGH SCHOOL (AGE 11-19)

Monarch Park Stadium

1 Parkmount Road, Toronto

June 3 to August 30, 2021

Monday & Thursday @ 6:30 – 8 pm

GROUP #3 – TORONTO WEST

Central Tech Stadium

725 Bathurst Street, Toronto

June 2 to August 30, 2021

Monday & Wednesday @ 6:30 – 8 pm

Note:

- *There is a \$250 annual facility fee to use the Monarch Park Stadium facility*